

Adapted Cycling Sessions



Day	Month	Dates	Start	Finish
Friday	July	21st	7pm	8pm
Sunday	July	30th	3pm	4pm
Friday	August	4 th & 18 th	7pm	8pm
Friday	September	1st	7pm	8pm

Suitable for disabled people with learning disabilities and physical or sensory impairments.



£4 per session – 1st session FREE!

At Eirias Athletics Track

Eirias Park, Colwyn Bay, Conwy. LL29 7SP.

For more information contact:

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