

# Adaptive Climbing

Free

PARTNERIAETH AWYR-AGORED  
Profiad • Mwynhau • Llwyddo



Experience • Enjoy • Achieve  
OUTDOOR PARTNERSHIP

Improving the health of disabled people in North West Wales by giving individuals the opportunity to participate in an adventurous activity.

Come along and **experience climbing** at the Beacon Climbing Centre

**Every Sunday**  
**5th February - 26th March**

Suitable for:  
Sensory Impairments, Physical Impairments and  
Learning Disabilities.

for young  
people aged  
**5 to 17**

We have specialist **qualified and experienced** instructors and equipment designed to make **climbing accessible**. Vertical hoist will be used to enable wheelchair users or those with lower limb impairments to participate.

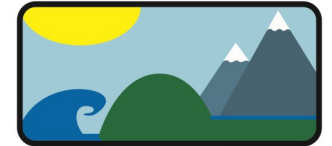
For more details or to attend please contact  
**Marian Lloyd Roberts** - Outdoor Partnership Equality & Diversity Officer  
01690720168 [marian.lloyd.roberts@outdoorpartnership.co.uk](mailto:marian.lloyd.roberts@outdoorpartnership.co.uk)



# Dringo Hygyrch

Am  
ddim

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Gwella iechyd pobl anabl yng ngogledd orllewin Cymru drwy roi'r cyfle i unigolion gymryd rhan mewn gweithgareddau anturus.

Dewch draw i **brofi dringo** yng Nghanolfan Ddringo'r Beacon.

**Pob Dydd Sul**  
**5ed Chwefror - 26ain Mawrth**

Addas ar gyfer:  
Namau Synhwyrâu, Namau Corfforol ac  
Anabledau Dysgu

Ar gyfer  
pobl ifanc  
**5 i 17**

Mae gennym hyfforddwy **profiadol** ac offer arbenigol er mwyn gwneud **dringo'n hygyrch**. Bydd hoist fertigol yn cael ei ddefnyddio i alluogi defnyddwyr cadair olwyn ac unigolion â nam ar eu coesau i gymryd rhan.

Am fwy o fanylion neu os ydych am fynychu, cysylltwch â  
**Marian Lloyd Roberts** - Swyddog Cydraddoldeb ac Amrywiaeth y  
Bartneriaeth Awyr Agored  
01690720168 [marian.lloyd.roberts@partneriaeth-awyr-agored.co.uk](mailto:marian.lloyd.roberts@partneriaeth-awyr-agored.co.uk)

